



# RANGERS

## TEAM TOURS

New for 2018 & 2019.

Challenger Sports in conjunction with Glasgow Rangers Football Club are now able to offer team and individual soccer tours to Scotland.

**CHALLENGER**  
SPORTS



## TOUR

Get a behind the scenes look into how one of the oldest and most successful British clubs operates. From Training to Playing, from Stadium Tours to Sightseeing, these tours have it all. For Rangers or Scottish football fans, this tour is a must. You'll work alongside Glasgow Rangers staff at their club training center at Murray Park and get an in depth look at how a club of their stature work and operate.

## MEET & GREET

- MEET THE GLASGOW RANGERS FC STARS
- HEAR THEIR STORIES
- INTERACT IN LIVE Q&A SESSIONS
- GET AUTOGRAPHS







## TRAINING

Strengthen your skills and grow your love for the game with both field and seminar sessions prepared and presented by Rangers Football Club coaches.

- **RANGERS COACHES**
- **STRIKER MOVEMENT & FINISHING**
- **MATCH PREP/SHAPE**
- **RECOVERY/SPORT SCIENCE**
- **SWITCH PLAY**
- **VIDEO ANALYSIS**
- **RECOVERY**
- **NUTRITION**





## SIGHTSEEING

Take a break for all the training and matches, and take in the scenic sights of Scotland.

- **GLASGOW**
- **EDINBURGH**
- **ST ANDREWS (THE HOME OF GOLF)**
- **LOCH LOMOND**
- **STIRLING & THE KINGDOM OF FIFE**

## COMPETE

Put your skills and new training experiences to the test and compete against Rangers Academy & Center of Excellence teams, and local affiliated clubs or other Scottish clubs.







## STADIUM TOUR

Tour Ibrox Stadium and Rangers' facilities. Rangers' £14 million, state-of-the-art training center includes six full-size pitches, two half size pitches, a practice area, a synthetic indoor pitch and the training center housed within a 38-acre site at Auchenhowie, Milngavie.

- **IBROX STADIUM**
- **GLASGOW RANGERS FC PROFESSIONAL WING**
- **GLASGOW RANGERS FC YOUTH WING**
- **£150,000 STATE-OF-THE-ART GYM**
- **KIT STORES, LECTURE ROOMS, & MORE**





## LIVE MATCH

Experience a live Scottish Professional Football League match at Ibrox Stadium and cheer on the Rangers at their home stadium.

Rangers historical accomplishments and notes:

- **MORE TITLES AND TREBLES THAN ANY OTHER CLUB IN THE WORLD**
- **FIRST BRITISH CLUB TO REACH A UEFA TOURNAMENT FINAL**
- **EUROPEAN CUP WINNERS ('72)**
- **TWO-TIME EUROPEAN CUP RUNNERS-UP ('61 AND '67)**
- **STANDING RIVALRY WITH CELTIC**







# ITINERARIES

## 2018 ITINERARIES ARE READY UPON REQUEST!

- All Ages Welcome
- Customizable team tour experiences are available
- Contact now for inquiry about scheduling and pricing

**Contact:** ALEX Green:  
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800.309.0212 x 313

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Arrive	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Welcome	Training Session Match Prep/shape			Sport Science Session Nutritional Session	Training Session Shape	Recovery Session
Lunch @Argyle House	Lunch	Edinbu Day 1				
Ibrox Stadium Tour	Match vs opposition TBC					
Dinner	Dinner					

Sun	Mon	Tues	Wed	Thurs
	Breakfast	Breakfast	Breakfast	Breakfast
Arrive in Glasgow	Training Session Match prep/shape	Nutritional Session Recovery/Sport Science Session Ibrox	Training Session Striker Movement & Finishing	Video analysis session
Dinner	Lunch at Argyle House	Lunch	Lunch	Departure
Training Session at Rangers Training Centre 7.00pm	Stadium Tour	Training Session	Hampden Park Tour	
Return to Hotel	Game at Rangers Training Centre	Dinner	Game vs opposition TBC	
Late Snack	Dinner	Laser tag & Ten Pin Bowling (7.30pm)	Dinner	